



Irish College of Humanities & Applied Sciences

MASTERS PROSPECTUS

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ICHAS College IRELAND

LIMERICK CAMPUS

ICHAS (Irish College of Humanities and Applied Sciences)
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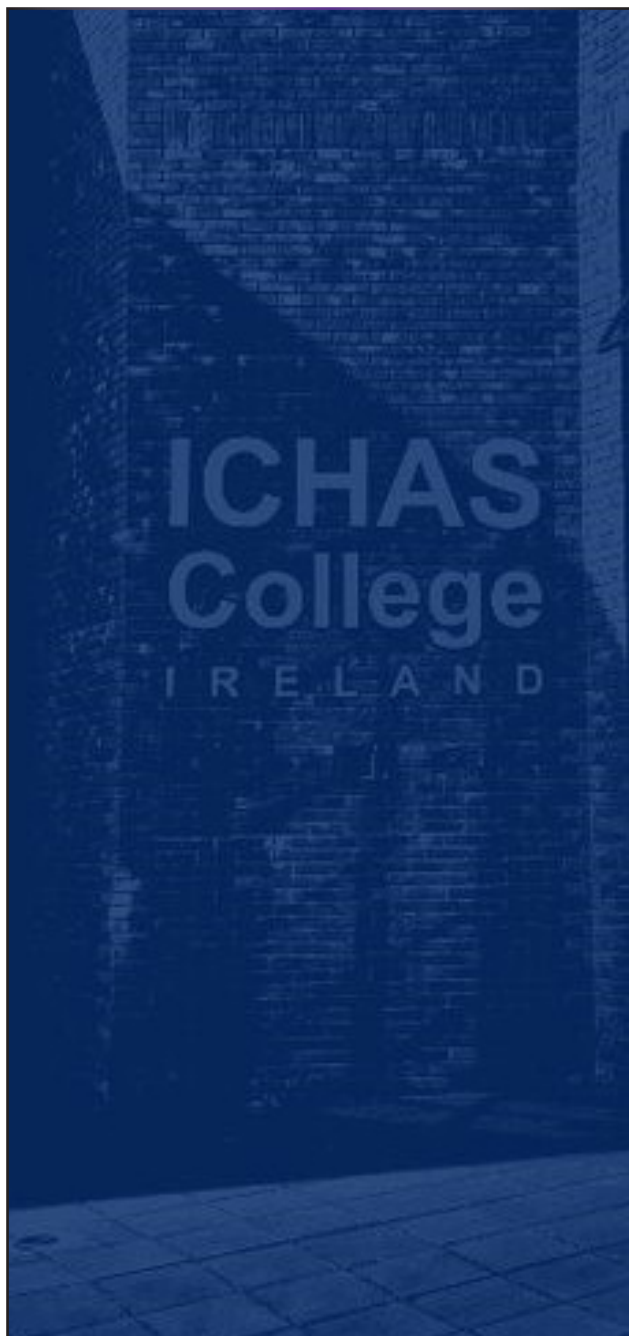
DUBLIN CAMPUS

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WELCOME FROM THE PRESIDENT OF IRISH COLLEGE OF HUMANITIES AND APPLIED SCIENCES

On behalf of myself and my colleagues at the Irish College of Humanities & Applied Sciences. I want to extend a heartfelt 'thank-you' for taking the time to read the college's prospectus for the Academic Year of 2023/24.

The Prospectus is designed to support you to access detailed information on the programmes available in the College for the academic year ahead. This prospectus is available as a digital source, but we hope you take the opportunity to supplement the details presented in the Prospects by taking the opportunity to join us for our regular Open Evenings, which are scheduled across the academic year as online events. Scheduling them this way provides opportunities to meet key Programme Staff who can guide you through any questions you might have.

Likewise, we operate an 'online helpdesk' where you can make enquiries about our range of programmes.

We are delighted that you have considered ICHAS at this stage and we sincerely hope you will choose programmes with ICHAS if or where they are appropriate for you – if they meet your learning and professional needs. To that end, following application for any of our programmes, we arrange an interview with all applicants to support their decision making in relation to choosing appropriate programmes to meet your needs.

ICHAS is driven by an educational ethos of supporting you to realise your own potential. Within that context, we operate on a 'student-centered' philosophy. Likewise, our Lecturers all have strong professional and industry focused experience.

Our main campus is in Walton House, Castletroy, Limerick and also through Griffith College's campus in South Circular Rd., Dublin. We offer a range of programmes at both undergraduate and postgraduate level on both a Full Time and Part Time basis. For the past 10 – 12 years have utilised 'Blended Learning' to try to ensure an appropriate 'work-life-study' balance for students.

Graduates and existing students as well as independent educational experts speak in glowing terms of our levels of student-centredness. The College has well established links with employers and in programmes which feature 'work-based learning requirements, we also have a Placement Office to support students select and engage with appropriate work settings.

Part of the function of Higher Education Institutions is to support students to develop personally and professionally as reflective and critical thinkers with a range of skills and competencies which will serve them well following completion of their studies.

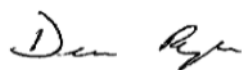
ICHAS is committed to that mandate and in that context benchmarks its programmes, teaching, learning and assessment strategies against international best practice. We see students as partners in education and that is how you will be treated. We want you to realise your full potential and we will support you to meet that aim – achieving a world class education. You will learn from the best lecturers who can combine their learnings from the best academic qualifications and professional 'real world' experience and work collaboratively with you to realise your own potential.

Our small class sizes mean you will benefit from having more focussed attention, support and interaction with your lecturers and engagement with fellow students offering opportunities for professional and academic networks that will continue long after completion of your studies.

We are currently in the process of developing exciting additional programmes in 2024, but for Academic Year 2023/34, we have the following programmes you can choose from. Full details are set out in the remainder of this Prospectus.

So in conclusion, thank you for considering ICHAS for your studies – let us help you realise your potential!

Regards,



Undergraduate Programmes	NFQ Level
Certificate in Foundational Skills and Competencies in Counselling and Psychotherapy	6
Certificate in Cultural Competence for Professional Development	6
BA (Hons) in Counselling & Psychotherapy	8
BA (Hons) in Counselling & Psychotherapy with Youth Studies	8
BA (Hons) in Counselling & Psychotherapy with Addiction Studies	8
Certificate in Supporting Positive Parenting	8

Postgraduate Programmes – Counselling & Psychotherapy	NFQ Level
MA in Counselling & Psychotherapy (Person Centered Modalities)	9
MA in Counselling & Psychotherapy (Integrative Modalities)	9
MA in Counselling & Psychotherapy (Cognitive Behavioural Modalities)	9
MA in Counselling & Psychotherapy (Psychodynamic Modalities)	9
MA in Counselling & Psychotherapy (Family therapy Modalities)	9
MA in Clinical Supervision in Professional Practice	9
MA in Addiction Counselling	9
MA in Addiction Recovery	9
MA in Addiction Studies	9

Postgraduate Programmes – Interdisciplinary	NFQ Level
Certificate in Clinical Supervision in Professional Practice	9
Certificate in Technologically facilitated Therapeutic Engagement	9
Certificate in Addiction Studies(Gambling)	9

Postgraduate Programmes – Childhood & Adolescent Studies	NFQ Level
MA in Adolescent Studies	9
MA in Childhood Studies	9

ICHAS – AN OVERVIEW

The Irish College of Humanities and Applied Sciences is an independent third-level college that prides itself on its student-centred approach to education. ICHAS believes that all students can achieve their full potential, and we are committed to supporting learners on this journey. ICHAS provides an academic environment that fosters personalised learning, enabling participants to develop their potential for exciting careers in their chosen field of study.

Our student-centred approach to education allows for flexibility in modern life, accommodating learners who wish to study either part-time or full time. In addition, ICHAS programmes utilise blended learning, which combines traditional face-to-face lecturing with online learning.

The academic staff at ICHAS have a wide and varied level of national and international expertise. Many of our academic staff maintain an active practice base and are actively engaged in research, enhancing the overall value of the student experience. Our staff get to know students on an individual basis, taking the time to support them in their academic progression.

Mission

The ICHAS mission is to facilitate and enable adult learners to achieve qualifications that are accessible, affordable, relevant to the needs of business, industry and the professions, and that are nationally and internationally recognised. This is secured by a learner centred focus, excellence in our programmes, and innovative delivery.

Vision

The Irish College of Humanities and Applied Sciences will become a national and international centre of excellence in the fields of higher education, further education and continuing professional development.

Values

The College commits itself to underpin its activities through the values it espouses, namely, to encourage social awareness and responsibility as well as promoting flexibility, maximising opportunities for social inclusivity and accessibility in Higher Education.

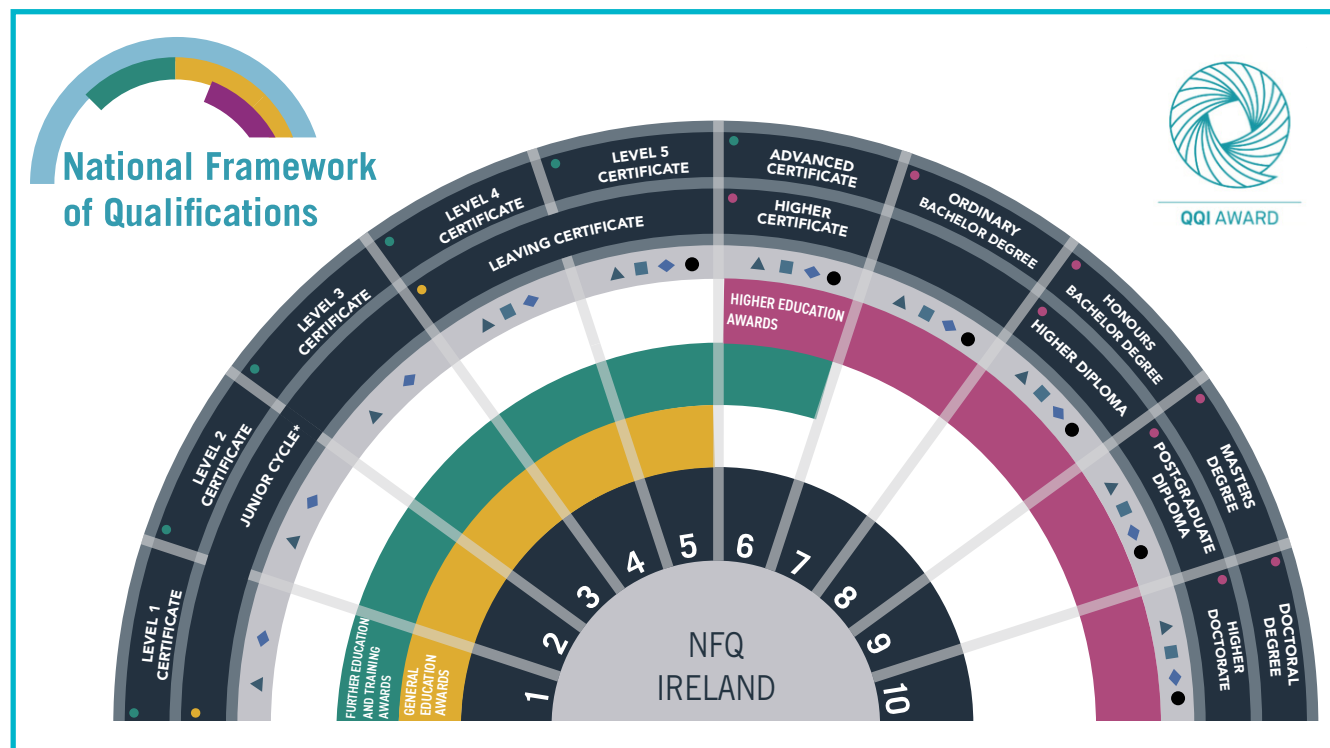


ACADEMIC AWARD AND ACCREDITATION

Who Awards my Qualification

On successful completion of your course, your qualification is awarded by Quality and Qualifications Ireland (QQI) and this will appear on your parchment. QQI is one of the principal Irish awarding bodies for the higher education sector in Ireland and sets the standards for awards on the NFQ, designed to create a single, easily understood qualification system for all levels of education and training in Ireland. This course is recognised in Ireland and throughout Europe. For more information visit <https://www.qqi.ie/>

Details in relation to professional accreditation can be found under the individual course details.



ABOUT OUR MASTERS PROGRAMMES LEVEL 9

OUR PROGRAMMES AT A GLANCE

The Irish College of Humanities and Applied Sciences (ICHAS) offers a range of 90 Credit Master Awards at Level 9 on the National Framework of Qualifications. Our Masters programmes are awarded by Quality and Qualifications Ireland (QQI). These Masters programmes have been designed for those with a broad range of undergraduate or professional qualifications and

training in health, social and human science and childcare disciplines. These programmes combine a range of comprehensive theoretical and practical skills.

In Addition to this ICHAS offers a number of Level 9 post graduate certificates programmes, please see individual courses for details. Should you require any further information please contact info@ichas.ie or call 061216288.

COURSE OVERVIEW

Course	NFQ Level		Duration
M.A. in Counselling and Psychotherapy (Person-Centred Modalities)	9 (90 ECTS)	2 Years Part-Time	
M.A. in Counselling and Psychotherapy (Person-Centred Modalities)	9 (90 ECTS)	2 Years Part-Time	
M.A. in Counselling and Psychotherapy (Family Therapy)	9 (90 ECTS)	2 Years Part-Time	
M.A. in Counselling and Psychotherapy (Cognitive Behavioural Modalities)	9 (90 ECTS)	2 Years Part-Time	
M.A. in Counselling and Psychotherapy (Psychodynamic Modalities)	9 (90 ECTS)	2 Years Part-Time	
M.A. in Counselling and Psychotherapy (Integrative Modalities)	9 (90 ECTS)	2 Years Part-Time	
MA in Addiction Recovery	9 (90 ECTS)	1 Year Full Time 2 Years Part-Time	
MA in Addiction Studies	9 (90 ECTS)	1 Year Full Time 2 Years Part-Time	
M.A. in Addiction Counselling	9 (90 ECTS)	2 Years Part-Time	
M.A. in Clinical Supervision in Professional Practice	9 (90 ECTS)	1 Year Full Time 2 Years Part-Time	
M.A. in Childhood Studies	9 (90 ECTS)	1 Year Full Time 2 Years Part-Time	
M.A. in Adolescent Studies	9 (90 ECTS)	1 Year Full Time 2 Years Part-Time	
Certificate in Technologically Facilitated Therapeutic Engagement	9 (20 ECTS)	12 weeks (1 Semester)	
Certificate in Clinical Supervision in Professional Practice	9 (30 ECTS)	24 weeks (2 semesters)	
Certificate in Addiction Studies(Gambling)	9 (30 ECTS)	12 weeks (1 semester Fulltime) 24 weeks (2 semesters Part time)	

INFORMATION TECHNOLOGY

We realise that many people are doubtful about their IT skills. That's why we focus on making our systems easy to use and provide lots of support. IT staff are available before and during online classes to help those who choose this option, and we have many learning resources such as videos and step-by-step guides to support your use of technology.

Additionally, we provide a comprehensive IT systems overview at Induction. You will also complete an introductory module at your own pace that teaches you how to use ICHAS IT services such as student email, downloading Microsoft Office, using online libraries and watching class recordings.

BLENDED LEARNING – LEARNING IN CLASS AND ONLINE

We've embraced innovative educational technologies in several ways at ICHAS to deliver flexible education options for our students using blended learning. For example, we broadcast most theory-based modules online, giving learners a choice between attending classes face-to-face or joining in online. In addition, our learning management system enables us to use several innovative approaches to support learning beyond the classroom, including access to lecture recordings, mobile learning, video assessments, easy login to online libraries and more.

At ICHAS, you'll also get access to an Office 365 Student Account from Microsoft and access to our online library.

INTERNATIONAL STUDENTS

The Irish College of Humanities & Applied Sciences welcomes and values International Students within our college community and recognises the cultural diversity which they bring and the exchange of values between cultures enhances and enriches the overall student experience.

It is important that the College meets its obligations in relation to the admission of international students. The Irish Naturalisation and Immigration Service (INIS) have issued detailed guidance to colleges and potential students from Non-EEA and Non-EU countries available at www.irishimmigration.ie

For Non-EEA/ Non-EU students wishing to apply for a place on one of our postgraduate programmes please note the following important information applies. For further information, please visit our website at <https://ichas.ie/international-applicants/>

Visa Information

If you are a Non-EU Applicant you may be required to have a visa to study in Ireland.

- For full information on visa requirements for study in Ireland, check out the Irish Immigration Website
- Evidence of Financial Requirements for international students, please check out their student finances page

To apply to ICHAS as a postgraduate student you must submit the following

- A completed online application form <<here>>
- A copy of a Valid Visa
- An official copy of your student transcripts
- An official course listing document from the partner institution if applicable
- English language proficiency certificates (e.g. IELTS of 6.5 or equivalent)
- A copy of the picture page of your passport
- Medical Insurance
- Current GNIB Card



INTRODUCTION TO OUR COURSES

M.A. IN COUNSELLING & PSYCHOTHERAPY (INTEGRATIVE MODALITIES)

Quick Reference Guide

Course Level:	QQI Level 9
Duration:	2 Years Part-Time
Delivery Method:	Blended Learning
Tuition Fees:	€3,600 per annum
Course Placement:	200 Hours
Clinical Supervision:	1 hour of clinical supervision to 8 hours of placement (1:8)
Personal Psychotherapeutic experience:	50 Hours

Who is this course for?

This Master's programme in Counselling and Psychotherapy (Integrative Modalities) is designed for graduates in Health and Human Sciences and graduates of Counselling and Psychotherapy related programmes and disciplines such as Nursing, Social Care, Social Work, Psychology and programmes in cognate areas.

It is suitable for those who wish to expand their knowledge and understanding of the human condition and the contribution of advanced level Counselling and Psychotherapy practice utilising integrative modalities.

Course Delivery

This course is delivered over 2 Years Part-Time. Lectures occur one evening a week from 6pm-9pm and on approximately eight Saturdays from 9:30am-4:30 pm in the academic year (Sept-May).

The programme utilises Blended learning for theoretic elements of engagement. In person attendance is required for skills based modules. This allows the learner to access classes in person or online to allow for flexibility

in achieving a work/life/study balance. In addition, skill-based learning is undertaken in practice settings as part of the Practicum Module.

Course Placement & Personal Therapy

Practicum Module:

Learners must undertake work-based learning requiring 200 hours of Client Work in a counselling or psychotherapy setting. This provides an opportunity for learners to apply the theoretical and practical aspects of the programme working therapeutically with clients in a clinical setting and develop transferable, adaptable appropriate therapeutic and active listening skills, under appropriate clinical supervisory arrangements. For every 8 hours of placements, learners will undertake 1 hour of clinical supervision.

The placement will also enhance the development of your professional disposition to work confidently and independently in various settings. Some of the placement providers that we work closely with are Aiseiri Treatment Centres (Nationwide), MyMind (Nationwide), Let's get talking (Galway, Shannon, Dublin, Wexford), Cuan Mhuire, Jigsaw, SOSAD, Haven Hub (Limerick, Clare) and various youth focused and childhood based settings.

Knowing Self Module:

Learners will undertake 50 hours Personal Psychotherapeutic experience as part of the Knowing Self module.

COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Theoretical Perspectives of Integrative Counselling & Psychotherapy	M	5
Applications of Integrative Counselling & Psychotherapy	M	5
Skills & Competencies in Integrative Counselling & Psychotherapy	M	5
Knowing Self	M	5
Understanding Psychopathology	M	5
Interpersonal Relational Process in Individual and Group Integrative Counselling & Psychotherapy	M	5
Practicum	M	15
Elective	M	5
Research Methodologies & Design	M	10
Dissertation	M	30

Professional Accreditation

In addition to meeting the QQI award standards, programmes at ICHAS are designed to facilitate those who wish to pursue professional accreditation. Students should be aware that they need to meet the requirements of whichever professional accreditation body they want to be accredited with. Programmes at ICHAS are structured with sufficient flexibility to allow for the varying requirements for pre-accreditation membership with a range of professional accreditation bodies in Ireland, including:

- Addiction Counsellors Ireland (ACI)
- Association of Professional Counsellors and Psychotherapists in Ireland (APCP)
- The National Association for Professional Counselling & Psychotherapy (NAPCP)

Entry Requirements and Selection Criteria

- Level 2:2 award in a relevant Human Science Level 8 degree
- Those who have completed other relevant education programmes or have relevant professional experience etc. where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied to the programme by submission of programme content, qualification and assignments equivalent to an appropriate Level 8 award at an Honours 2:2
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5
- Garda Vetting is a requirement for all successful applicants

M.A. IN COUNSELLING & PSYCHOTHERAPY (PERSON-CENTRED MODALITIES)

Quick Reference Guide

Course Level:	QQI Level 9
Duration:	2 Years Part-Time
Delivery Method:	Blended Learning
Tuition Fees:	€3,600 per annum
Course Placement:	200 Hours
Clinical Supervision:	1 hour of clinical supervision to 8 hours of placement (1:8)
Personal Psychotherapeutic experience:	50 Hours

Who is this course for?

This Master's programme in Counselling and Psychotherapy (Person-Centred Modalities) is designed for graduates in health and human sciences and, in particular, graduates of Counselling and psychotherapy related programmes and disciplines such as nursing care, social work, psychology and programmes in cognate areas.

This programme is suitable for graduates who wish to expand their knowledge and understanding of the human condition and contribute to advanced level counselling and psychotherapy practice using Person Centred Approaches. It focuses on the person's perceptions of their present circumstances and assists the person in identifying their answers to problems or obstacles to growth in life.

Course Delivery

This course is delivered over 2 Years Part-Time. Lectures occur one evening a week from 6pm-9pm and on approximately eight Saturdays from 9:30am-4:30 pm in the academic year (Sept-May).

The programme utilises Blended learning for theoretic elements of engagement. In person attendance is required for skills based modules. This allows the learner to access classes in person or online to allow for flexibility in achieving a work/life/study balance. In addition, skill-based learning is undertaken in practice settings as part of the Practicum Module.

Course Placement & Personal Therapy

Practicum Module:

Learners must undertake work-based learning requiring 200 hours of Client Work in a counselling or psychotherapy setting. This provides an opportunity for learners to apply the theoretical and practical aspects of the programme working therapeutically with clients in a clinical setting and develop transferable, adaptable appropriate therapeutic and active listening skills, under appropriate clinical supervisory arrangements. For every 8 hours of placements, learners will undertake 1 hour of clinical supervision.

The placement will also enhance the development of your professional disposition to work confidently and independently in various settings. Some of the placement providers that we work closely with are Aiseiri Treatment Centres (Nationwide), MyMind (Nationwide), Let's get talking (Galway, Shannon, Dublin, Wexford), Cuan Mhuire, Jigsaw, SOSAD, Haven Hub (Limerick, Clare) and various youth focused and childhood based settings.

Knowing Self Module:

Learners will undertake 50 hours Personal Psychotherapeutic experience as part of the Knowing Self module.

COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Theoretical Perspectives of Person-Centred Counselling & Psychotherapy	M	5
Skills & Competencies in Person-Centred Counselling & Psychotherapy	M	5
Applications of Person-Centred Counselling & Psychotherapy	M	5
Knowing Self	M	5
Person-Centred Modalities & Therapeutic Group Work	M	5
Understanding Psychopathology	M	5
Research Methodologies & Design	M	10
Elective	M	5
Practicum	M	15
Dissertation	M	30

Professional Accreditation

In addition to meeting the QQI award standards, programmes at ICHAS are designed to facilitate those who wish to pursue professional accreditation. Students should be aware that they need to meet the requirements of whichever professional accreditation body they want to be accredited with. Programmes at ICHAS are structured with sufficient flexibility to allow for the varying requirements for pre-accreditation membership with a range of professional accreditation bodies in Ireland, including:

- Addiction Counsellors Ireland (ACI)
- Association of Professional Counsellors and Psychotherapists in Ireland (APCP)
- The National Association for Professional Counselling & Psychotherapy (NAPCP)

Entry Requirements and Selection Criteria

- Level 2:2 award in a relevant Human Science Level 8 degree
- Those who have completed other relevant education programmes or have relevant professional experience etc. where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied to the programme by submission of programme content, qualification and assignments equivalent to an appropriate Level 8 award at an Honours 2:2
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5
- Garda Vetting is a requirement for all successful applicants

M.A. IN COUNSELLING & PSYCHOTHERAPY (FAMILY THERAPY MODALITIES)

Quick Reference Guide

Course Level:	QQI Level 9
Duration:	2 Years Part-Time
Delivery Method:	Blended Learning
Tuition Fees:	€3,600 per annum
Course Placement:	200 Hours
Clinical Supervision:	1 hour of clinical supervision to 8 hours of placement (1:8)
Personal Psychotherapeutic experience:	50 Hours

Who is this course for?

This Master's programme in Counselling and Psychotherapy (Family Therapy) is designed for graduates in health and human sciences and in particular graduates of Counselling and psychotherapy related programmes as well as disciplines such as nursing, social care, social work, psychology and programmes in cognate areas who wish to expand their knowledge and understanding of the human condition and the contribution of Advanced level Counselling and Psychotherapy practice utilising family therapy approaches.

Course Delivery

This course is delivered over 2 Years Part-Time. Lectures occur one evening a week from 6pm-9pm and on approximately eight Saturdays from 9:30am-4:30 pm in the academic year (Sept-May).

The programme utilises Blended learning for theoretic elements of engagement. In person attendance is required for skills based modules. This allows the learner to access classes in person or online to allow for flexibility in achieving a work/life/study balance. In addition, skill-based learning is undertaken in practice settings as part of the Practicum Module.

Course Placement & Personal Therapy

Practicum Module:

Learners must undertake work-based learning requiring 200 hours of Client Work in a counselling or psychotherapy setting. This provides an opportunity for learners to apply the theoretical and practical aspects of the programme working therapeutically with clients in a clinical setting and develop transferable, adaptable appropriate therapeutic and active listening skills, under appropriate clinical supervisory arrangements. For every 8 hours of placements, learners will undertake 1 hour of clinical supervision.

The placement will also enhance the development of your professional disposition to work confidently and independently in various settings. Some of the placement providers that we work closely with are Aiseiri Treatment Centres (Nationwide), MyMind (Nationwide), Let's get talking (Galway, Shannon, Dublin, Wexford), Cuan Mhuire, Jigsaw, SOSAD, Haven Hub (Limerick, Clare) and various youth focused and childhood based settings.

Knowing Self Module:

Learners will undertake 50 hours Personal Psychotherapeutic experience as part of the Knowing Self module.



COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Theoretical Perspectives in Family Therapy	M	5
Skills & Competencies in Family Therapy	M	5
Applications of Family Therapy Approaches	M	5
Knowing Self	M	5
Family Therapy & Therapeutic Couples Work	M	5
Understanding Psychopathology	M	5
Research Methodologies & Design	M	10
Elective	M	5
Practicum	M	15
Dissertation	M	30

Professional Accreditation

In addition to meeting the QQI award standards, programmes at ICHAS are designed to facilitate those who wish to pursue professional accreditation. Students should be aware that they need to meet the requirements of whichever professional accreditation body they want to be accredited with. Programmes at ICHAS are structured with sufficient flexibility to allow for the varying requirements for pre-accreditation membership with a range of professional accreditation bodies in Ireland, including:

- Addiction Counsellors Ireland (ACI)
- Association of Professional Counsellors and Psychotherapists in Ireland (APCP)
- The National Association for Professional Counselling & Psychotherapy (NAPCP)

Entry Requirements and Selection Criteria

- Level 2:2 award in a relevant Human Science Level 8 degree
- Those who have completed other relevant education programmes or have relevant professional experience etc. where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied to the programme by submission of programme content, qualification and assignments equivalent to an appropriate Level 8 award at an Honours 2:2
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5
- Garda Vetting is a requirement for all successful applicants

M.A. IN COUNSELLING & PSYCHOTHERAPY (PSYCHODYNAMIC MODALITIES)

Quick Reference Guide

Course Level:	QQI Level 9
Duration:	2 Years Part Time
Delivery Method:	Blended Learning
Tuition Fees:	€3,600 per annum
Course Placement:	200 Hours
Clinical Supervision:	1 hour of clinical supervision to 8 hours of placement (1:8)
Personal Psychotherapeutic experience:	50 Hours

Who is this course for?

This Master's programme in Counselling and Psychotherapy is designed for graduates in health and human sciences and, in particular, graduates of Counselling and psychotherapy related programmes and disciplines such as nursing, social care, social work, psychology, and programmes in programmes cognate areas.

The programme responds to the increasing and expanding demand for evidence-based practice using recognised modalities of Counselling & Psychotherapy. More fundamentally, it also equips leaders in Counselling & Psychotherapy to respond to ever-changing social and cultural needs and act autonomously in often unpredictable and ill-defined professional contexts. Moreover, it enables students to employ counselling & psychotherapy competencies as tools for prevention and rehabilitation/recovery based on psychodynamic philosophies by creating and modelling learning opportunities where all learners can participate successfully within the context of their strengths and abilities.

Course Delivery

This course is delivered over 2 Years Part-Time. Lectures occur one evening a week from 6pm-9pm and on approximately eight Saturdays from 9:30am-4:30 pm in the academic year (Sept-May).

The programme utilises Blended learning for theoretic elements of engagement. In person attendance is required for skills based modules. This allows the learner to access classes in person or online to allow for flexibility in achieving a work/life/study balance. In addition, skill-based learning is undertaken in practice settings as part of the Practicum Module.

Course Placement & Personal Therapy

Practicum Module:

Learners must undertake work-based learning requiring 200 hours of Client Work in a counselling or psychotherapy setting. This provides an opportunity for learners to apply the theoretical and practical aspects of the programme working therapeutically with clients in a clinical setting and develop transferable, adaptable appropriate therapeutic and active listening skills, under appropriate clinical supervisory arrangements. For every 8 hours of placements, learners will undertake 1 hour of clinical supervision.

The placement will also enhance the development of your professional disposition to work confidently and independently in various settings. Some of the placement providers that we work closely with are Aiseiri Treatment Centres (Nationwide), MyMind (Nationwide), Let's get talking (Galway, Shannon, Dublin, Wexford), Cuan Mhuire, Jigsaw, SOSAD, Haven Hub (Limerick, Clare) and various youth focused and childhood based settings.

Knowing Self Module:

Learners will undertake 50 hours Personal Psychotherapeutic experience as part of the Knowing Self module.

COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Theories of Psychodynamic Counselling & Psychotherapy	M	5
Skills & Competencies in Psychodynamic Counselling & Psychotherapy	M	5
Applications of Psychodynamic Counselling & Psychotherapy	M	5
Knowing Self	M	5
Psychodynamic Modalities & Therapeutic Group Work	M	5
Understanding Psychopathology	M	5
Elective	M	5
Research Methodologies & Design	M	10
Practicum	M	15
Dissertation	M	30

Professional Accreditation

In addition to meeting the QQI award standards, programmes at ICHAS are designed to facilitate those who wish to pursue professional accreditation. Students should be aware that they need to meet the requirements of whichever professional accreditation body they want to be accredited with. Programmes at ICHAS are structured with sufficient flexibility to allow for the varying requirements for pre-accreditation membership with a range of professional accreditation bodies in Ireland, including:

- Addiction Counsellors Ireland (ACI)
- Association of Professional Counsellors and Psychotherapists in Ireland (APCP)
- The National Association for Professional Counselling & Psychotherapy (NAPCP)

Entry Requirements and Selection Criteria

- Level 2:2 award in a relevant Human Science Level 8 degree
- Those who have completed other relevant education programmes or have relevant professional experience etc. where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied to the programme by submission of programme content, qualification and assignments equivalent to an appropriate Level 8 award at an Honours 2:2
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5
- Garda Vetting is a requirement for all successful applicants

M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)

Quick Reference Guide

Course Level:	QQI Level 9
Duration:	2 Years Part-Time
Delivery Method:	Blended Learning
Tuition Fees:	€3,600 per annum
Course Placement:	200 Hours
Clinical Supervision:	1 hour of clinical supervision to 8 hours of placement (1:8)
Personal Psychotherapeutic experience:	50 Hours

Who is this course for?

This Masters programme in Counselling and Psychotherapy (Cognitive Behavioural Modalities) is designed for graduates in health and human sciences and in particular graduates of Counselling and psychotherapy related programmes as well as disciplines such as, nursing, social care, social work, psychology and programmes in cognate areas who wish to expand their knowledge and understanding of the human condition and the contribution of advanced level counselling and psychotherapy practices incorporating CBT approaches.

Course Delivery

This course is delivered over 2 Years Part-Time. Lectures occur one evening a week from 6pm-9pm and on approximately eight Saturdays from 9:30am-4:30 pm in the academic year (Sept-May).

The programme utilises Blended learning for theoretic elements of engagement. In person attendance is required for skills based modules. This allows the learner to access classes in person or online to allow for flexibility in achieving a work/life/study balance. In addition, skill-based learning is undertaken in practice settings as part of the Practicum Module.

Course Placement & Personal Therapy

Practicum Module:

Learners must undertake work-based learning requiring 200 hours of Client Work in a counselling or psychotherapy setting. This provides an opportunity for learners to apply the theoretical and practical aspects of the programme working therapeutically with clients in a clinical setting and develop transferable, adaptable appropriate therapeutic and active listening skills, under appropriate clinical supervisory arrangements. For every 8 hours of placements, learners will undertake 1 hour of clinical supervision.

The placement will also enhance the development of your professional disposition to work confidently and independently in various settings. Some of the placement providers that we work closely with are Aiseiri Treatment Centres (Nationwide), MyMind (Nationwide), Let's get talking (Galway, Shannon, Dublin, Wexford), Cuan Mhuire, Jigsaw, SOSAD, Haven Hub (Limerick, Clare) and various youth focused and childhood based settings.

Knowing Self Module:

Learners will undertake 50 hours Personal Psychotherapeutic experience as part of the Knowing Self module.



COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Theories of Cognitive Behaviour Therapy	M	5
Skills & Competencies in Cognitive Behavioural Modalities	M	5
Applications of Contemporary Cognitive Behavioural Approaches	M	5
Knowing Self	M	5
CBT Modalities & Therapeutic Group Work	M	5
Understanding Psychopathology	M	5
Elective	M	5
Research Methodologies & Design	M	10
Practicum	M	15
Dissertation	M	30

Professional Accreditation

In addition to meeting the QQI award standards, programmes at ICHAS are designed to facilitate those who wish to pursue professional accreditation. Students should be aware that they need to meet the requirements of whichever professional accreditation body they want to be accredited with. Programmes at ICHAS are structured with sufficient flexibility to allow for the varying requirements for pre-accreditation membership with a range of professional accreditation bodies in Ireland, including:

- Addiction Counsellors Ireland (ACI)
- Association of Professional Counsellors and Psychotherapists in Ireland (APCP)
- The National Association for Professional Counselling & Psychotherapy (NAPCP)

Entry Requirements and Selection Criteria

- Level 2:2 award in a relevant Human Science Level 8 degree
- Those who have completed other relevant education programmes or have relevant professional experience etc. where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied to the programme by submission of programme content, qualification and assignments equivalent to an appropriate Level 8 award at an Honours 2:2
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5
- Garda Vetting is a requirement for all successful applicants

M.A. IN CLINICAL SUPERVISION IN PROFESSIONAL PRACTICE

Quick Reference Guide

Course Level:	QQI Level 9
Duration:	1 Year Full Time / 2 Years Part Time
Delivery Method:	Blended Learning
Tuition Fees:	€6,200 Full Time / €3,600 per annum Part Time
Course Placement:	200 Hours
Clinical Supervision:	1 hour of clinical supervision to 8 hours of placement (1:8)

Who is this course for?

Professional supervision is increasingly being recognised as a necessary support structure that is mandated in a range of professions, including Social Work, Social Care, Psychology, Childcare, Youth Work, Nursing, Psychotherapy and Counselling. This Master's degree in Clinical Supervision in Professional Practice enables learners to critically evaluate institutionalised practices and values, act as agents for challenge and change in their professional contexts, and support individual practitioners to enhance professional performance and ensure their professional practice adheres to 'best-practice' guidelines

Course Delivery

This course is available over 1-year full time or 2 years part-time. It is taught using a combination of classroom-based and skill-based learning in practice settings. In addition, the programme utilises blended learning for theoretic elements of engagement. This allows the learner to access classes in person or online to allow for a better work/life/study balance. Lectures occur 1-2 evenings a week from 6 pm-9 pm, on approximately eight Saturdays from 9:30am-4:30 pm in the academic year (Sept-May).

Course Placement & Personal Therapy

In the Practicum (Work-Based Learning) module, learners are required to engage in 200 hours of clinically supervised supervision work. This linear module (10 ECTS) and assessment of this occurs continuously until the end of Semester 3 on the full-time programme and Semester 5 on the part-time programme. Learners engage in structured individual clinical supervision for their practice as trainee Clinical Supervisors across this period and are also supported through internal group supervision.



COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Principles of Clinical Supervision in Professional Practice	M	10
Research Methodologies & Design	M	10
The Practice & Process of Clinical Supervision	M	10
Integrative Models of Clinical Supervision	M	5
Developmental Models of Clinical Supervision	M	5
Psychotherapeutic Models of Clinical Supervision	M	5
Clinical Governance & Clinical Supervision	M	5
Clinical Supervision Practicum	M	10
Dissertation	M	30

Professional Accreditation

In addition to meeting the QQI award standards, programmes at ICHAS are designed to facilitate those who wish to pursue professional accreditation. Students should be aware that they need to meet the requirements of whichever professional accreditation body they want to be accredited with. Programmes at ICHAS are structured with sufficient flexibility to allow for the varying requirements for pre-accreditation membership with a range of professional accreditation bodies in Ireland, including:

- Addiction Counsellors Ireland (ACI)
- Association of Professional Counsellors and Psychotherapists in Ireland (APCP)
- The National Association for Professional Counselling & Psychotherapy (NAPCP)

Entry Requirements and Selection Criteria

- Level 2:2 award in a relevant Human Science Level 8 Degree.
- Those who have completed other relevant education programmes or have relevant professional experience, where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied by submission of programme content, qualification and assignments equivalent to an appropriate Level 8 award at an Honours 2:2
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5
- Garda Vetting is a requirement for all successful applicants

M.A. IN ADDICTION COUNSELLING

Quick Reference Guide

Course Level:	QQI Level 9
Duration:	2 Years Part-Time
Delivery Method:	Blended Learning
Tuition Fees:	€3,600 per annum
Course Placement:	120 Hours
Clinical Supervision:	1 hour of clinical supervision to 4 hours of placement (1:4)
Personal Therapy (or equivalent):	50 Hours

Who is this course for?

This Master's programme in Addiction Counselling is designed for graduates in health and human sciences – disciplines such as nursing, social care, social work, psychology and programmes in a cognate area who wish to prepare for initial access to professional Accreditation as an Addiction Counsellor.

This programme will provide a postgraduate qualification in Addiction Counselling for professionals who work with (or seek to work with) individuals, families and communities exposed to or experiencing addiction and its consequences in a range of health or social care environments - to enable them to specialise, lead and work for better outcomes for individuals with complex needs.

This MA in Addiction Counselling will enable graduates to act as agents for change at an individual or broader level, advocating for social justice and human rights for their clients, and through specialised counselling interventions, promote principles of respect and empowerment for clients.

Course Delivery

This course is taken over 2 years on a part-time basis. It is taught using a combination of classroom & work based learning and blended learning technologies for theoretic elements of engagement. It thus allows the learner to access classes in person or online to allow for a better work/life/study balance. Lectures occur 1 evening a week from 6pm-9pm and on approximately eight Saturdays, 9:30am-4:30pm in the academic year (Sept-May). Learner attendance is required for skills-based modules.

Professional Placement & Personal Therapy

Professional Placement

- All students will undertake work-based learning as part of the programme – comprising 120 hours of direct client work (10 ECTS) in an approved placement setting.
- In conjunction with the 120 client hours students will undertake Clinical supervision at a ratio of 1-hour clinical supervision to 4 hours of client work. This equates to 30 hours of Clinical Supervision.

The Professional Placement module will also enhance the development of students' professional capacity to work confidently and independently in various settings. Some of the placement providers that we work closely with are Aiseiri Treatment Centres (Nationwide), Saoirse (Limerick), My Move Counselling (Limerick & Tipperary), Cuain Mhuire, Coolmine Treatment Centre, The Grove, Kerry.

Knowing Self:

Students are required to engage in a minimum of 50 hours of Personal Therapy or equivalent through this module. These hours may include certified participation in a Therapeutic Group process to a maximum of 50% of the total requirement.

COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Understanding Addiction	M	5
Skills & Competencies in Addiction Counselling	M	5
Contemporary Evidence Based Interventions in Addiction Recovery	M	10
Research Methodologies & Design	M	10
Community Reinforcement Approach & Family aspects in Addiction	M	10
Comorbidity & Trauma Informed Care	M	5
Knowing Self	M	5
Professional Practice	M	10
Dissertation	M	30

Learners on the MA in Addiction Counselling programme are required to complete 90 ECTS (as outlined above) over the two academic years and are required to take two co-requisite modules, namely Knowing Self (5 ECTS) and Professional Placement (10 ECTS). For more details on module content please visit www.ichas.ie.

Professional Accreditation

In addition to meeting the QQI Awards Standards, programmes at ICHAS are designed to facilitate those who wish to pursue professional accreditation. Students should be aware that they need to meet the requirements of whichever professional accreditation body they want to be accredited with. Programmes at ICHAS are structured with sufficient flexibility to allow for the varying requirements for pre-accreditation membership with a range of professional accreditation bodies in Ireland, including:

- Addiction Counsellors Ireland (ACI)
- Association of Professional Counsellors and Psychotherapists in Ireland (APCP)

Entry Requirements and Selection Criteria

- A minimum of a Second Class Honours (2:2) award in a relevant Human Science Degree at Level 8 on the NFQ – or equivalent.
- Those who have completed other relevant education programmes or have relevant professional experience etc., where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied, may apply for admission to the programme by submission of programme content, qualification and assignments equivalent to an appropriate Second Class Honours (2:2) award at Level 8.
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5.
- Garda Vetting is a requirement for all successful applicants.
- All applicants will be required to attend for interview to ascertain their suitability for the Programme.

M.A. IN ADDICTION STUDIES

Quick Reference Guide

Course Level:	QQI Level 9
Duration:	1 Year Full Time / 2 Years Part-Time
Delivery Method:	Classroom Based & Blended Learning
Tuition Fees:	€7,200 (Full time) or €3,600 per annum (Part time)

Who is this course for?

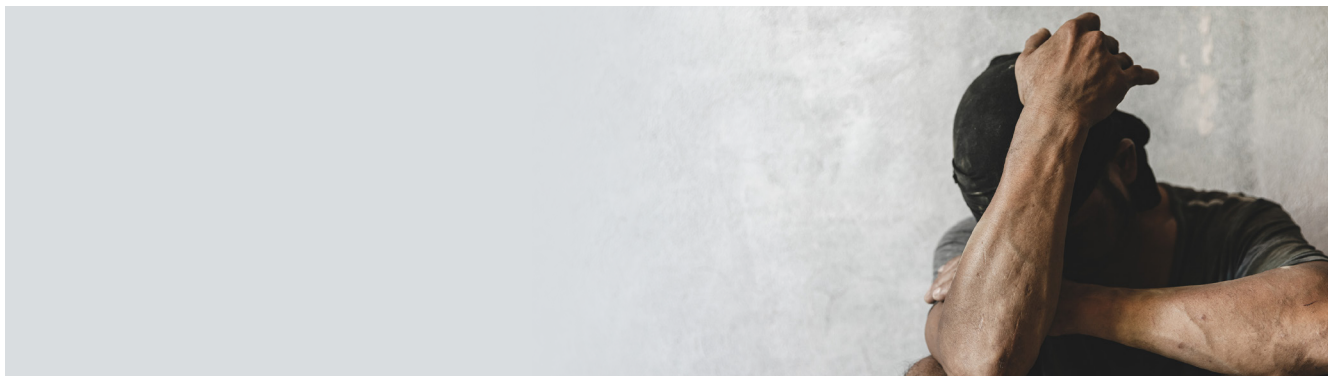
This programme is designed for those who wish to access evidence-based interventions and create opportunities for high-quality treatment experiences for those who need them. Modules within the course are designed to build personal capacity, collaborative problem-solving skills, and understanding of the systems and context within which clients and their families may be best supported. As part of this M.A. programme, learners study the fundamental theories of addiction counselling, psychotherapeutic skills and engagement, motivational interviewing, community reinforcement approaches, and

comorbidity. In addition, learners study evidence-based practice and research methods and design, complete a dissertation and may engage in clinically supervised practice with clients.

Course Delivery

This course is available on a Full-Time basis where students complete their studies over three academic semesters or can be taken over two years or on a Part Time basis where student complete their studies over 5 academic semesters.

This course is taught using a combination of classroom/ skills based learning and blended learning technologies for theoretic elements of engagement. It thus allows the learner to access classes in person or online to allow for a better work/life/study balance. Please note that on Blended Learning Delivery modes, lectures occur 1 evening a week from 6pm-9pm and on approximately eight Saturdays, 9:30am-4:30pm in the academic year (Sept-May). Learner attendance is required for skills-based modules.



COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Understanding Addiction	M	5
Skills & Competencies in Addiction Counselling	M	5
Contemporary Evidence Based Interventions in Addiction Recovery	M	10
Research Methodologies & Design	M	10
Community Reinforcement Approach & Family aspects in Addiction	M	10
Comorbidity & Trauma Informed Care	M	5
Elective 1	M	5
Elective 2	M	10
Dissertation	M	30

Elective 1 (students must choose one of the following)

The Recovery Model in Addiction	E	5
Knowing Self	E	5

Elective 2 (students must choose one of the following)

Professional Placement	E	10
Behavioural & Process Addictions	E	10
Substance Use Disorders & The Recovery Model	E	10
Gambling Addiction & The Recovery Model	E	10
Neuropharmacological Aspects of Substance Use Disorders	E	10

COURSE CONTENT

Learners on the MA in Addiction Studies are required to complete 90 ECTS (as outlined above) over one academic year (Full Time) or two academic years (Part Time) and are required to take two elective module from the list above, one 5 ECTS module and one 10 ECTS module. For more details on module content please visit www.ichas.ie

The Masters in Addiction Studies will enhance employability and career progression/opportunities in statutory, community and voluntary sectors and Addiction Service environments. It will enable learners to critically evaluate institutionalised practices and values, and act as agents for challenge and change in their professional contexts.

The programme will address the needs of practitioners and graduates who wish to develop their professional competence in areas of addiction recovery principles and practice through advanced study, and develop personal and professional capacity and collaborative problem solving skills, underpinned by evidence-based practice and reflection. The programme will also develop leaders in professional practice who are capable of engaging with and initiating necessary professional discourse at policy levels.

This programme will facilitate graduates of programmes in cognate areas who wish to study towards and meet professional addiction counselling accreditation requirements where the programme is taken over 2 years (Part-Time) and where the Knowing Self (5 ECTS) and Professional Placements (10 ECTS) are taken.

However, students who specifically want to work towards professional accreditation will be directed to the MA in Addiction Counselling as a more appropriate Award for their specific needs in that case.

Entry Requirements & Selection Criteria

- A minimum of a Second Class Honours (2:2) award in a relevant Human Science Degree at Level 8 on the NFQ – or equivalent.
- Those who have completed other relevant education programmes or have relevant professional experience etc., where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied, may apply for admission to the programme by submission of programme content, qualification and assignments equivalent to an appropriate Second Class Honours (2:2) award at Level 8.
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5.
- Garda Vetting is a requirement for all successful applicants.
- All applicants will be required to attend for interview to ascertain their suitability for the Programme.

M.A. IN ADDICTION RECOVERY

Quick Reference Guide

Course Level:	QQI Level 9
Duration:	1 Year Full Time / 2 Years Part-Time
Delivery Method:	Blended Learning
Tuition Fees:	€7,200 (Full time) or €3,600 per annum (Part time)

Who is this course for?

The programme is designed for graduates who wish to enhance their own professional skills and capacity and contribute to the wider community of addiction services through evidence-based knowledge and research. This programme enables learners to develop expertise in Addiction Recovery principles and practice. It is designed for graduates in health and human sciences and in particular graduates of counselling and psychotherapy related programmes as well as disciplines such as, nursing, social care, social work, psychology and programmes in cognate areas who wish to expand their knowledge and understanding of the human condition and the contribution of theoretical and applied perspectives at advanced level to addiction recovery.

Applicants should be driven by a desire to gain advanced knowledge of addiction recovery in order to act as leaders and agents for change across the range of ecological interactions. This implies a recognition of the special contribution made by professional addiction practitioners using a range of scientifically established paradigms and approaches to support recovery and the difference this can make to individuals, their families and communities. The programme envisages wellbeing holistically and systemically with recovery viewed at policy and preventative levels within the context of how public health models can most effectively enrich the lives of individuals and communities.

Course Delivery

This course is available on a Full-Time basis where students complete their studies over three academic semesters or can be taken over two years or on a Part Time basis where student complete their studies over 5 academic semesters.

This course is taught using a combination of classroom/ skills based learning and blended learning technologies for theoretic elements of engagement. It thus allows the learner to access classes in person or online to allow for a better work/life/study balance. Please note that on Blended Learning Delivery modes, lectures occur 1 evening a week from 6pm-9pm and on approximately eight Saturdays, 9:30am-4:30pm in the academic year (Sept-May). Learner attendance is required for skills-based modules.

COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Understanding Addiction	M	5
Skills & Competencies in Addiction Counselling	M	5
Contemporary Evidence Based Interventions in Addiction Recovery	M	10
Research Methodologies & Design	M	10
Community Reinforcement Approach & Family Aspects of Addiction	M	10
Comorbidity & Trauma Informed Care	M	5
The Recovery Model in Addiction	M	5
Elective	M	10
Dissertation	M	30

Elective (students must choose one of the following)

Behavioural & Process Addictions	E	10
Substance Use Disorders & The Recovery Model	E	10
Gambling Addiction & The Recovery Model	E	10
Neuropharmacological Aspects of Substance Use Disorders	E	10

Learners on the MA in Addiction Recovery are required to complete 90ECTS (as outlined above) over one academic year (Full Time) or two academic years (Part Time) and are required to take one elective module from the list above. For more details on module content please visit www.ichas.ie

This programme has been structured to provide learners who wish to study Addiction Recovery principles and practices through a more inter and transdisciplinary

perspective. It also provides an opportunity to study material which addresses both the principles and ethos of recovery-orientated practices, as well as psychotherapeutic approaches to supporting individuals on a 'wellness' journey. The programme envisages wellbeing holistically and systemically with recovery viewed at policy and preventative levels within the context of how public health models can most effectively enrich the lives of individuals and communities.

COURSE CONTENT

The Masters in Addiction Recovery is targeted at those who wish to enhance their employability and career progression prospects in statutory, community and voluntary sectors and Addiction Service environments. It is targeted at learners seeking to critically evaluate institutionalised practices and values, and act as agents for challenge and change in their professional contexts. The programme will address the needs of graduates who wish to develop their professional competence in areas of Addiction Recovery principles through advanced study and research, develop personal and professional capacity and collaborative problem solving skills, underpinned by evidence-based practice and reflection.

Entry Requirements & Selection Criteria

- Those who have completed other relevant education programmes or have relevant professional experience etc., where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied, may apply for admission to the programme by submission of programme content, qualification and assignments equivalent to an appropriate Second Class Honours (2:2) award at Level 8.
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5.
- Garda Vetting is a requirement for all successful applicants.
- All applicants will be required to attend for interview to ascertain their suitability for the Programme.
- A minimum of a Second Class Honours (2:2) award in a relevant Human Science Degree at Level 8 on the NFQ – or equivalent.



M.A. IN CHILDHOOD STUDIES

Quick Reference Guide

Course Level:	QQI Level 9
Duration:	1 Year Full Time / 2 Years Part-Time
Delivery Method:	Blended Learning
Tuition Fees:	€6,200 Full Time / €3,600 per annum Part-Time (Bursary available)
Course Placement:	150 Hours
Clinical Supervision:	Supervision is done in class as part of the Practicum module, both peer and one to one.

Who is this course for?

This programme addresses the needs of practitioners and graduates who wish to develop their knowledge and professional competence in areas focusing on professionally supporting childhood development and should be of particular relevance to existing Level 8 graduates of programmes in areas such as Early Learning & Care, Primary & Post Primary Education, Nursing, Social Care, Psychology, Sociology, Social Science, Youth Work, Community Studies and related disciplines.

Applicants should be driven by a desire to be professional leaders and agents for collegial support and change; recognising the special contribution that higher education can make to professionals involved in supporting children to realise their potential.

Course Delivery

Learners can complete this course full-time over 1 year and on a part-time basis over 2 years only. Attendance for the fulltime(1 year option) would normally require in-person attendance, either in class or online, on 1 -2 evening per week from 6pm-9pm and approximately

eight Saturdays from 9.30am-4.30 pm in the academic year . Attendance for the Parttime(2 year option) would normally require attendance, either in class or online, on 1 evening per week from 6pm-9pm and approximately eight Saturdays from 9.30am-4.30 pm in the academic year.. The timetable has been structured to optimise the utilisation of online learning where this allows. Still, skills-based components do require in-person attendance, and it is taught using a combination of classroom-based and blended learning techniques. In specific skill-based modules, attendance will be a mandatory requirement.

Practicum Module:

Students will undertake a minimum of 150 hours or work placement in approved settings with the support of 15 hours of supervision arranged by the college (10 of which would be mentoring of small group tutoring with 5 hours direct 1 to 1 placement supervision.

This work based learning represents an opportunity for students to have real exposure to working creatively with children and adolescents to develop transferable and adaptable professional skills, including the professional dispositions to work confidently and independently in different settings. Students will draw on the practical and theoretical knowledge acquired through college supportive tutorials and workshops.

Examples of acceptable placement settings could include educational settings such as pre/schools, creches, primary schools, secondary schools as well as broader structural contexts such as Childcare committies, Early Childhood Ireland, Bernados , Childhood, National Childhood Network or youth Provision, Family resource centres and social care.

Bursary available, please contact the college for further information

COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Critical Perspectives on Child & Youth Development	M	10
Research Methodologies & Design	M	10
Curricular & Pedological Approaches in Early Learning & Care	M	10
Governance & Professional Leadership in Child and Adolescent Practice	M	10
Contemporary Discourses in Early Learning and Care	M	10
Practicum	M	10
Dissertation	M	30

Entry Requirements and Selection Criteria

- Level 2:2 award in a relevant Human Science Level 8 degree.
- Those who have completed other relevant education programmes or have relevant professional experience etc., where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied to the programme by submission of programme content, qualification and assignments equivalent to an appropriate Level 8 award at an Honours 2:2
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5
- Garda Vetting is a requirement for all successful applicants



M.A. IN ADOLESCENT STUDIES

Quick Reference Guide

Course Level:	QQI Level 9
Duration:	1 Year Full Time / 2 Years Part-Time
Delivery Method:	Blended Learning
Tuition Fees:	€6,200 Full Time / €3,600 per annum Part-Time(Bursary available)
Course Placement:	150 Hours
Clinical Supervision:	Supervision is done in class as part of the Practicum module, both peer and one to one..

Who is this course for?

This programme is primarily designed for graduates from relevant undergraduate programmes in a range of disciplines who wish to develop appropriate knowledge and competence to empower and professionally support adolescent development. This programme has been designed to accommodate the needs of both new and recent graduates as well as those students currently holding positions in the children and young people's workforce, including those wishing to advance or change career.

Relevant undergraduate programmes include areas such as Early Learning & Care, Primary & Post Primary Education, Nursing, Social Care, Psychology, Sociology, Social Science, Counselling and Psychotherapy, Youth Work, Community Studies and related disciplines at postgraduate level on either a full-time or part-time basis and who seek to gain specialist knowledge of childhood and youth with a view to expanding their knowledge and understanding of children and young people under the age of 18.

Course Delivery

Learners can complete this course full-time over 1 year and on a part-time basis over 2 years only. Attendance for the fulltime(1 year option) would normally require in-person attendance, either in class or online, on 1 -2 evening per week from 6pm-9pm and approximately eight Saturdays from 9.30am-4.30 pm in the academic year . Attendance for the Parttime(2 year option) would normally require attendance, either in class or online, on 1 evening per week from 6pm-9pm and approximately eight Saturdays from 9.30am-4.30 pm in the academic year. The timetable has been structured to optimise the utilisation of online learning where this allows. Still, skills-based components do require in-person attendance, and it is taught using a combination of classroom-based and blended learning techniques. In specific skill-based modules, attendance will be a mandatory requirement.

Practicum Module:

Students will undertake a minimum of 150 hours or work placement in approved settings with the support of 15 hours of supervision arranged by the college (10 of which would be mentoring of small group tutoring with 5 hours direct 1 to 1 placement supervision.

This work based learning represents an opportunity for students to have real exposure to working creatively with children and adolescents to develop transferable and adaptable professional skills, including the professional dispositions to work confidently and independently in different settings. Students will draw on the practical and theoretical knowledge acquired through college supportive tutorials and workshops.

Examples of acceptable placement settings could include educational settings such as pre/schools, creches, primary schools, secondary schools as well as broader structural contexts such as Childcare committees, Early Childhood Ireland, Bernados , Childhood, National Childhood Network or youth Provision, Family resource centres and social care setting.

Bursary available, please contact the college for further information

COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Critical Perspectives on Child & Youth Development	M	10
Research Methodologies & Design	M	10
Interventions & Models of Care in Adolescent Practice	M	10
Governance & Professional Leadership in Child and Adolescent Practice	M	10
Contemporary Discourses in Youth Studies	M	10
Practicum	M	10
Dissertation	M	30

Entry Requirements and Selection Criteria

- Level 2:2 award in a relevant Human Science Level 8 degree.
- Those who have completed other relevant education programmes or have relevant professional experience etc., where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied to the programme by submission of programme content, qualification and assignments equivalent to an appropriate Level 8 award at an Honours 2:2
- The minimum English language proficiency requirement for this programme B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5
- Garda Vetting is a requirement for all successful applicants



CERTIFICATE IN CLINICAL SUPERVISION IN PROFESSIONAL PRACTICE

Quick Reference Guide

Course Level:	QQI Level 9 (30 ECTS)
Duration:	24 weeks
Delivery Method:	Blended Learning
Tuition Fees:	€2,750
Course Placement:	100 Hours
Clinical Supervision:	1 hour of clinical supervision to 8 hours of placement (1:8)

Who is this course for?

Professional supervision is increasingly being recognised as a necessary support structure that is mandated in a range of professions, including Social Work, Social Care, Psychology, Childcare, Youth- work, Nursing, Psychotherapy and Counselling. This Level 9 Certificate in Clinical Supervision in Professional Practice (30ETCS) enables learners to critically evaluate institutionalised practices and values, act as agents for challenge and change in their professional contexts, and support individual practitioners to enhance professional performance and ensure their professional practice adheres to 'best-practice' guidelines.

Course Delivery

This course is available over a 24 week period (2 semesters). It is taught using a combination of classroom-based and skill-based learning in practice settings. In addition, the programme utilises blended learning for theoretic elements of engagement. It thus allows the learner to access classes in person or online to allow for a better work/life/study balance. Lectures occur 1 evening a week from 6 pm-9 pm, and on approximately four Saturdays from 9:30am-4:30 pm in the academic year (Sept-May)

Course Placement

In the Practicum (Work-Based Learning) module, learners are required to engage in 100 hours of clinically supervised supervision work. Learners engage in structured individual clinical supervision for their practice as trainee Clinical Supervisors across this period and are also supported through internal group supervision.

Entry Requirements & Selection Criteria

- Level 2:2 award in a relevant Human Science Level 8 Degree.
- Those who have completed other relevant education programmes or have relevant professional experience, where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied by submission of programme content, qualification and assignments equivalent to an appropriate Level 8 award at an Honours 2:2
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5
- Garda Vetting is a requirement for all successful applicants

COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Principles of Clinical Supervision in Professional Practice	M	10
The Practice & Process of Clinical Supervision	M	10
Clinical Supervision Practicum	M	10

CERTIFICATE IN TECHNOLOGICALLY FACILITATED THERAPEUTIC ENGAGEMENT

Quick Reference Guide

Course Level:	QQI Level 9 (20 ECTS)
Duration:	12 weeks
Delivery Method:	Blended Learning
Tuition Fees:	€1,800
Course Placement:	N/A
Clinical Supervision:	N/A

Who is this course for?

This Level 9 Certificate programme is designed primarily for graduates in health and human sciences and in particular graduates of counselling and psychotherapy related programmes as well as, nursing, social care, social work, psychology and programmes in cognate areas who wish to expand their knowledge and understanding of the use, effectiveness and appropriateness of technologically enabled and facilitated therapeutic engagement.

Applicants should be driven by a desire to be leaders and agents for change; recognising the special contribution that technology can make to individuals, their families and communities in supporting individual wellbeing, recovery, thus enriching the lives of individuals and communities.

Course Delivery

This course is available over a 12 week period (1 semesters). It is taught using a combination of classroom-based and skill-based learning in practice settings. In addition, the programme utilises blended learning for theoretic elements of engagement. It thus allows the learner to access classes in person or online to allow for a better work/life/study balance. Lectures occur 1 evening a week from 6 pm-9 pm, and on approximately eight Saturdays from 9:30am-4:30 pm in the academic year (Sept-May).

Entry Requirements & Selection Criteria

- Level 2:2 award in a relevant Human Science Level 8 Degree.
- Those who have completed other relevant education programmes or have relevant professional experience, where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied by submission of programme content, qualification and assignments equivalent to an appropriate Level 8 award at an Honours 2:2
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5
- Garda Vetting is a requirement for all successful applicants

COURSE CONTENT

Name of Module	Mandatory / Elective	ECTS (Credits)
Theoretical Perspectives Module	M	5
Skills & Competencies Module	M	5
Principles of Technologically Facilitated Therapy	M	5
Skills & competencies associated with Technologically Facilitated Therapy	M	5



CERTIFICATE IN ADDICTION STUDIES (GAMBLING)

Quick Reference Guide

Course Level:	QQI Level 9 (30 ECTS)
Duration:	1 semester (12 weeks Fulltime) 2 semesters (24 weeks Part Time)
Delivery Method:	Blended Learning
Tuition Fees:	€2,400

Who is this course for?

This Level 9 Certificate Award is designed for graduates in health and human sciences and in particular graduates of counselling and psychotherapy related programmes as well as disciplines such as, nursing, social care, social

work, psychology and programmes in cognate areas who wish to enhance the knowledge and competencies to engage with those with Gambling Addiction and to support them in their journey towards recovery. The Programme has been designed to take due cognisance of the distinctive features of Gambling Addiction and the specific ethos associated with the Recovery Model in Addiction to expand their knowledge and understanding of Recovery Approaches to Gambling Addiction and the contribution of theoretical and applied perspectives at advanced level to gambling addiction recovery practice.

It is designed for those working with individuals, families and communities impacted by Gambling Addiction. This Programme specifically focusses on understandings of Gambling Addiction and Recovery from Addiction Perspectives.

Name of Module	Mandatory / Elective	ECTS (Credits)
Contemporary Evidence Based Interventions in Addiction Recovery	M	10
Comorbidity & Trauma Informed Care	M	5
The Recovery Model in Addiction	M	5
Gambling Addiction & the Recovery Model	M	10

This programme comprises 30 ECTS and is being offered as a Minor Award. It will supplement existing academic and professional learning among graduates of relevant undergraduate programmes, providing the opportunity for students to engage with subject material supporting specialist practice for graduates who seek to have a more robust understanding of 'specialist' interventions and approaches in work supporting Recovery within Gambling Addiction contexts.

COURSE CONTENT

Programme Aims

- Provide a postgraduate qualification in the theories and practice of Gambling Addiction principles for professionals who work with (or seek to work with) individuals, families and communities exposed to or experiencing gambling addiction and its consequences in a range of health or social care environments - to enable them to specialise, lead and work for better outcomes for individuals with complex needs at a policy, leadership and practice level.
- Support graduates of the programme to act as professional leaders as well as advocates and agents for change at an individual or broader level, advocating for social justice and human rights for their clients, and through specialised interventions, promote principles of respect and empowerment for clients and their families or communities in the context of gambling addiction.
- Provide a programme which, through interdisciplinary and transdisciplinary engagement, models best evidence-informed practice and expands cross-disciplinary boundaries to develop and inform systemic development at the forefront of the field of gambling addiction practices.
- Respond to the increasing and expanding demand for policy and practice initiatives which are evidence-based in gambling addiction approaches within voluntary, community and healthcare settings to respond to ever-changing social and culturally sensitive needs and act autonomously in often unpredictable and ill-defined professional contexts informed by recovery principles.
- Promote the understanding of best-practice in gambling addiction approaches, through evidence-based knowledge, reflection and scholarship.
- Enable students to employ theoretically informed competencies to support health promotion, prevention and rehabilitation/recovery in gambling addiction by creating and modelling learning opportunities where all

learners can participate successfully within the context of their own strengths and abilities.

- Provide access routes to higher education and the opportunity for participants to specialise in Gambling addiction practices, based on their current professional needs, individual professional interests and/or career orientation.

Entry Requirements & Selection Criteria

- A minimum of a Second Class Honours (2:2) award in a relevant Human Science Degree at Level 8 on the NFQ – or equivalent.
- Those who have completed other relevant education programmes or have relevant professional experience etc., where Recognised Prior Learning (RPL) and Acquired Prior Learning (APL) can be applied, may apply for admission to the programme by submission of programme content, qualification and assignments equivalent to an appropriate Second Class Honours (2:2) award at Level 8.
- The minimum English language proficiency requirement for this programme is B2+ in the Common European Framework of Reference for Languages which is equivalent to an IELTS score of 6.5.
- Garda Vetting is a requirement for all successful applicants.
- All applicants will be required to attend for interview to ascertain their suitability for the Programme.






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